

## **KEENERS MAKE GOOD CHOICES**

**A keener does not have sex with anyone outside Christian marriage. He does not feed lust in any way and strives to put that to death in his heart. He knows that many of God's most serious warnings are directed to this area in the Bible and that and that is enough for him to fight the good fight. But he is not proud of any success God gives him. He knows that God hates pride.**

**He keeps away from alcohol and drugs which might alter his behavior to defile his body. He knows that his body is the temple of the Lord and he will not poison it with tobacco products. He fights hard not to become a blimp. He just says 'no' to seconds and thirds, because he knows better, and because he doesn't belong to himself, but to Jesus.**